

The Wellbeing Farm
Emergency Procedure in The Event of an Allergic Reaction
07/09/2017

Purpose: To rapidly and correctly respond to any incidents of allergic reactions at The Wellbeing Farm, covering food allergies and insect allergies.

Note: If guests of The Wellbeing Farm have an allergy and they are concerned, they should inform you. Unless otherwise stated, it cannot be assumed any food or similar is allergen free.

1. For less severe cases, the individual or a member of their party should administer anti-histamine. If this does not improve the reaction after a few minutes, the emergency services must be called immediately. **The address of the farm is: The Wellbeing Farm, Plantation Road, Edgworth, Bolton BL7 0BY**
2. For severe cases, the emergency services must be called immediately. Request an ambulance and follow all instructions given.
3. Ensure any medication or similar (e.g. adrenaline) they are carrying is administered by themselves, a member of their party, or assisted by you (if it has been prescribed and the patient allows you to do so). Avoid oral medication if the individual is having difficulty breathing.
4. Ensure as much as possible breathing passages are unobstructed.
5. Isolate and remove the cause of the allergic reaction.
 - a. For insect stings or bites, try to get the individual inside or away from any insects and out of direct sunlight. If the allergic reaction is from a bee sting or similar, scrape the stinger off the skin with something firm (such as a fingernail). Do not use tweezers; squeezing the stinger will release more venom.
 - b. For a food allergy, remove the allergenic. If you are unsure of the exact cause, clear all food away.
6. For all cases, calm and reassure the individual.
7. Loosen tight clothing and if necessary lie the patient down and await assistance.
8. Record in full the incident and all action taken by yourself and others. Be sure to describe the individual and record contact details.